



Insurance Coverage Checklist

Client Name:

Although many insurance plans cover nutrition counseling, it is highly recommended (and patient responsibility) to contact your insurance provider about Medical Nutrition Therapy coverage prior to your first appointment. If your insurance does not cover your visits, the fee for service will be your responsibility as noted in the client treatment agreement.

Here are some questions to ask your insurance provider to learn more about nutrition coverage on your individual plan:

1. Is nutrition counseling covered on my plan with ?

Procedure Codes: Initial 97802, Follow Up 97803

National Provider Identification #s for each provider:

Liz Fayram RD 1154654788

Cate Brennan RD 1013551050

Emily Tessier RD 1285121756

Michelle Suriani RD 1861067357

Madison Rochford RD 1215646864

2. Are telehealth visits covered by my plan?

3. Are there any limitations to my nutrition counseling coverage (such as # of visits allowed, diagnosis/reason for visit)?

4. Will I require a referral or pre-authorization?

***If YES-** Referrals or pre-authorizations need to be in hand for your first appointment. You can obtain this by calling your primary care referral line.

Referral or Authorization Number:	
Start Date of the Referral:	
End Date of the Referral:	
Number of Approved Visits:	
First & Last Name of Referring Doctor:	

5. Do I have a deductible on my plan? If YES:

Will my nutrition visits fall under the deductible?

When does my deductible start?

How much is my deductible per one year of coverage?

How much is remaining on my deductible for this year?

6. Do I have a co-payment or co-insurance cost for visits? If YES, please indicate amount: \$ per session.

7. Lastly, ask for written confirmation of coverage and benefits via email or mail. Or write down a confirmation number for the telephone conversation.

I acknowledge the check list above and have completed the steps to the best of my ability.